



~What's Happening At The Met~

October 2023

Metropolitan CME Church—8955 So. Frwy - Houston, TX 77051

713-748-5947—Fax 713-748-2718

Website: Metropolitancme.org; Email: Metrocme@aol.com

Rev. Allen Page, III ~ Senior Pastor



FROM THE PASTOR'S DESK



Rev. Allen Page, III

Greetings Metropolitan sisters and brothers,

Five years ago the focus for the Pastors Message was breast cancer awareness; for this month's message we revisit this message again for its call to trust, endure and persevere in God. So many of us have had our lives touched by walking with someone we love and care for as they battle with breast cancer. I remember my aunts, Alma and An-nesther, who fought a good fight and finished their courses in this life battling against the dreadful disease. I shall never forget their exhibitions of faith and endurance as they battled breast cancer and all of its affects on their body. Even in their weakened states they taught us the meaning of dwelling underneath the shadow of the Almighty God. I realize that I am not alone, maybe you too have watched the days of your loved ones suffering and wanted to take it all away, only to discover your impotence against the dreadful disease. But thanks be to God all of our hopes are not dashed against the stones of our pains and disappointments. Psalm 91 declares that *the Lord will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart.* While the days of diagnosis, surgery and treatment can seem dark, and the times of discomfort make it difficult to find any solace,

But thanks be to God, we are promised a refuge and fortress worthy of trust, even in the most difficult of times. Yet, the psalmist calls us to the responsibility of dwelling: *"Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty."* The promise of resting, refuge, and faithfulness, even in times of suffering, comes through our choosing to dwell in the presence and shelter of the Most High God. Psalm 91 extends an invitation to peace, protection, and promise fulfilled. Yes, life can be crazy and quite challenging! Yes, cancer in any form can cause us to question our safety and make us wonder about God's faithfulness. But even still, God remains faithful. God is our refuge, our fortress. God covers us, saves us, and keeps us from living in fear and dread. Divine nature and action do not depend on our feelings about God. Rather, we realize and acknowledge promises kept when we dwell in God's presence. Please join me in sharing your encouraging and consoling thoughts with one who may still be in the struggle with breast cancer.

I invite you to join me in honoring those amongst us, and those in the larger community who have battled with breast cancer. October is Breast Cancer Awareness Month. Many of us have had our lives touched by watching someone we love and care for battle with breast cancer. God Bless You All!

Allen Page, III
Senior Pastor



Pay Your Conference Claims Yet? It's Not Too Late.

Conference Claims of \$250.00 per member can be paid in one lump sum or you may want to split your payments. The goal is to have all conference claims paid as soon as possible in time for the Fall Accounting Meeting in Tyler, Texas/ Be sure and mark your envelopes to reflect your payment. Payments can be made is cash, check, money order, Zelle or Givelify.

METROPOLITAN CME CHURCH

Save the Date Nov. 12, 2023 at 10:30 am

FAMILY & FRIENDS DAY

Finding

Faith

Mercy

Grace

Together

Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need. Hebrews 4:16, NRSV

Rev. Allen Page III, Senior Pastor

8955 South Freeway | Houston, TX 77051



Please pray for the members listed below. You may request personal contact information by sending an email to Metrocme@aol.com. To add/remove names on the list, send an email to the same address. Please be sure to include the member's name, address and phone number. Thank you!

- Sister Freddia Bradley
- Sister Brenda Hayter & Family
- Sister Jeanne Grimes
- Sister Gracie Deason
- Sister Joyce Shepherd
- Sister Patrecia Bailey
- Sister Willie Frances Greer
- Rev. Waldo Murphy
- Sister Allison McLemore
- Bro. L C. Patterson
- Sister Jo Alice Scott
- Rev. E. Anne Ross
- Sister Ollie Byrd
- Sister Annie Melson
- Sister Nancy Curtis
- Brother Daniel Myles

To add or remove names on this list please send email to Metrocme@aol.com.

METROPOLITAN CME CHURCH - WMS

PRESENTS : October 1 -29, 2023

DOLLARS FOR SCHOLARS & HBCU SUNDAY

Show your HBCU Spirit or Greek Affiliation on Sunday, October 29, 2023

All donations will benefit our Houston District Women's Missionary Society Lola B. Clark Scholarship Fund and the Missionary Council WMS Helena B. Cobb Scholarship Fund.

Checks may be made payable to Metropolitan CME Church and should be given to Brenda Davis or Demetria Williams

Metropolitan CME Church
8955 SOUTH FREEWAY (HWY 288)
HOUSTON, TX 77051

Rev. Allen Page, III, Sr. Pastor
Sister Demetria Williams, WMS -Local President



Eighth Episcopal District Virtual Missionary Institute

Friday, October 13, 2023 = 7:00–10:00 PM
Saturday, October 14, 2023 9:00 am–4:00 pm

Registration is \$20.00 per person

Please check with Demetria Williams for more information

1st Quarterly Conference of the New Conference Year

October 9, 2023 at 7:00 PM
In Person at Metropolitan CME Church.



Come out and meet the new Presiding Elder as we conduct the business of the church .

Elder Jonathan Jones will be in charge



Clergy Appreciation Day is always in October, and all of October is celebrated as Clergy Appreciation Month. The celebration was established in 1992 with a mission of uplifting and encouraging pastors, missionaries and religious workers.

**Eighth Episcopal District
Virtual Missionary Institute**

Theme: Missionaries Boldly Facing New Challenges as We Serve a Changing World

Friday, October 13, 2023 = 7:00–10:00 PM
Saturday, October 14, 2023 -9:00 am–4:00 pm
Registration is \$20.00 per person

For more information check with Demetria Williams, Local WMS President



In honor of Breast Cancer Awareness Month, all worshipers are asked to wear 'PINK' on October 8, the 2nd Sunday of the month.

Trustees on Duty for Oct.

*Ardyth Guyer ~ 713-409-2508
Kenneth Davis ~ 713-446-2799*

You are invited to become a member of the Houston District Monthly Prayer Group as they meet to pray on a Conference Call Prayer Line each First Saturday at 7:14 am. **It's open to everyone.** Call in number **605 472-5783**, and your access code **604403**. For more information call Peggy Robinson.

CONFIRMED DATES FOR OCTOBER 2023

1. Holy Communion Sunday – 10:30 AM
Join us via Facebook Live - Metropolitan CME Church—Restoration Blvd. or Free Conference Call Line 605-475-4821 Access Code 306019# or **Weekly “In Person” Sunday Morning Services.**
1. Weekly “In Person” Adult Church School at 9:00 an Held at the church in the Youth Center
2. **Missionary Meeting @ 6:00 PM**
Free Conference Call Line—267-807-9495
Access Code 342569693#
4. Prayer & Bible Study-Each Wednesday-Evening Prayer @ 6:00 pm and Bible Study @ 6:30 pm.
8. **Cancer Awareness Sunday—Wear Pink**
9. **Quarterly Conference—In Person @ 7:00 PM**
13-14 WMS Institute—Virtual
14. **Ministry to Men 11:00 am—Lockett Center**
15. **Last day to donate food for October**
21. **Sorting/Bagging & distribution at Blueridge UMC**
- 28 **Tuscany Village –2:30pm—(Women’s Ministry)**
29. **Missionary Emphasis Sunday– Dollars for Scholars and HBCU Sunday**

**Metropolitan CME & Blueridge GMC
Food Sharing Program for 2023-2024**

Last Day to Donate to Food Pantry at Metropolitan	Bagging/sorting & Distribution at Blueridge 9:00 am–12:00 pm
October 08, 2023	October 14, 2023
November 12, 2023	November 18, 2023
December 10, 2023	December 16, 2023
January 16, 2024	January 20, 2024
February 11, 2024	February 17, 2024
March 10, 2024	March 16, 2024
April 15, 2024	April 20, 2024
May 12, 2024	May 18, 2024
June 09, 2024	June 15, 2024
July 14, 2024	July 20, 2024
August 11, 2024	August 17, 2024
September 15, 2024	September 21, 2024



Jayceon Melson	October 01
Sandra Hines	October 01
Michelle Mathis	October 01
Cleotrice Lewis	October 02
Iranii Smith	October 02
Jounette Flowers-Spillers	October 05
Jeanne Grimes	October 05
Calvin Brown, Jr.	October 05
Sophiya Myles	October 06
Kimberly Thurmond	October 06
Rev. E. Anne Ross	October 08
Jacqueline Jones-Mayberry	October 09
Elvis Wilkerson	October 09
Carol Robinson	October 10
Melba Sparks	October 12
Tranese Henderson	October 13
Bria Rhodes	October 14
Kaitlyn Carter	October 15
Zachary Jones	October 15
Ericah Rhodes	October 18
Lovie Busby	October 21
Sabrina Carter	October 21
LaRonda Walker	October 25
Clifton Scott	October 27
Christopher Dees	October 28
Elayne Scott	October 29
Sandra Holbert	October 29
Donald Toney	October 29
Phyllis Wilkerson	October 30

Schedule 2023-2024

Tuscany Village Rehab -2750 Miller Ranch Rd,
Pearland, TX 77584 - 2:30 PM–3:30 PM

Sunday School Ministry.	27JAN24
Prayer & New Member Ministry.	24FEB24
The Trustee Ministry.	23MAR24
The Men Ministry.	27APR24
Noon Bible Class.	25MAY24
Stewardess Ministry.	22JUN24
Usher Ministry.	27JUL24
Young Adult / Chosen Choir.	24AUG24
Women Ministry.	28SEP24
Steward Ministry.	28OCT23
Missionary Ministry.	25NOV23
Anointed Feet / Praise Dancers.	16DEC23

Time Announced Later



Columbus Day is a **federal holiday** that falls on the second Monday of October each year. The date changes each year but it is always observed on a Monday. This year, Columbus Day falls on **October 09, 2023.**

Wednesday
Evening Prayer &
Bible Study

Prayer at 6:00 PM
Bible Study at 6:30 PM

Prayer and Bible Study are on Zoom each week.
Zoom Meeting ID 975-142-7923 Passcode 8955 or
dial 1-346-248-7799 Please enter Meeting ID # and
Passcode when asked for by operator.

Vibrant Church Workshop

The Sessions will be held each Thursday at 7:00 pm through January 18, 2024. The Sessions are through Zoom. The Zoom ID is 214 376 2601. The Facilitator is Rev. Dr. Van C. Williams, Pastor of Cedar Crest Cathedral in Dallas, Texas. The Sessions for October are as follows:

Session 3—Oct. 5—Are You A Vibrant Leader

Session 4—Oct. 12 We're in This Thing Together

Session 5—Oct. 19 –Six Essential Practices

Session 6— Oct. 26 —The Trust Factor

Session 7—Nov. 2—Creating A Healthy Church Culture-1
Included 1 session for November as the next publication will be after November 2.

Workshop Infomercial Click Here --> <https://drive.google.com/file/d/1dUXFrkvX-prvhFV24-G9gynCpqxVYtaU/view?usp=sharing>

Workshop Syllabus Click Here --> <https://drive.google.com/file/d/1g-iVwuec2t-99WRkM9hy4LnVNKGMuzFP/view?usp=sharing>

Workshop Training Manual Click Here --> https://drive.google.com/file/d/1nRRvM9BhelozJatx3eG-bvBtm4qvk2f0/view?usp=drive_link

TO JOIN BY ZOOM

(A) click the link here --> <https://us02web.zoom.us/j/2143762601> or

(B) Go to the website zoom.us , and enter Meeting ID 214 376 2601 or

(C) Dial a (346) 248-7799, and when prompted, enter Meeting ID 214 376 2601 (long distance charges may apply). **You may use this information to join the session each week.**