



## ~What's Happening At The Met~

### March 2023

**Metropolitan CME Church—8955 So. Frwy - Houston, TX 77051**  
**713-748-5947—Fax 713-748-2718 Website [Metropolitancme.org](http://Metropolitancme.org)**  
**Rev. Allen Page, III ~ Senior Pastor**



*Rev. Allen Page, III*

Greetings My Brothers and Sisters of Metropolitan,

The season of Lent is now upon us, a time of inward examination that began on Ash Wednesday. A time where we search ourselves and ask God to search us, so that we can follow God more completely. That examination my dear friends can become an interesting journey where despair may tempt us, and faithfulness will call us to places we have dared not trod. Throughout our lives we may have chosen things and experiences that have been easier to bear than other. However, the Lenten season is a time where we can refocus our spiritual attention to things that cry out for change, and the powerful grace of God. It can take a lot of courage to own up to the things we have avoided and that requires our spiritual attention. When we own up to the challenges we have avoided, it may seem insurmountable, but remember that with God all things are possible. Maybe things won't ever be the same as they used to be, but the journey towards a clean heart requires an honest appraisal of where we are in the journey of life. And for us let's keep it real here - we are not getting a new heart, but rather a renewed heart that has been touched by the transformative power of God. Psalm 51 is crying out to God for assistance with heart renewal.

Join me in this Lenten season, by seeking God for assistance for heart renewal, so that we may have life changing relationships and experiences.

Rev. Allen Page III  
Senior Pastor



Lenten Season February 22, 2023 to April 08, 2023

## CHOIR/CHORUS REHEARSAL SCHEDULE FOR MARCH 2023

NOTE(s): **3rd Sunday**, If you are interested in participating with the [PRAISE & WORSHIP TEAM](#) please attend rehearsals with Daniel Adkins. **4th Sunday will be a special service at 10:30.** More information forthcoming.

Thursday, 3/2, 6:30 MASS CHOIR  
Saturday, 3/4, **NO REHEARSAL**  
1st Sunday, 3/5, MASS CHOIR

Thursday, 3/9, 6pm MALE CHORUS  
Saturday, 3/11, 1pm MALE CHORUS  
2nd Sunday, 3/12, MALE CHORUS

Thursday, 3/16, 6:30 PRAISE/WORSHIP TEAM  
Saturday, 3/18, 1pm PRAISE/WORSHIP TEAM  
3rd Sunday, 3/19, PRAISE/WORSHIP TEAM

\***Tuesday, 3/21, 6:30 MASS CHOIR\***  
Thursday, 3/23, 1pm MASS CHOIR  
Saturday, 3/25, **NO REHEARSAL**

**\*\*Dates/Times are subject to change\*\***



**DAYLIGHT SAVING TIME**  
Set your watch on hour ahead  
March 12, 2023

Set Your Clock Ahead  
One Hour Starting  
March 12, 2023

### Metropolitan Host Houston District Lay Ministry Meeting

Metropolitan is the Host Church for the Houston District Lay Ministry Meeting scheduled for **Tuesday March 7 2023 @ 7:00 PM**. If you would like to participate with a scripture reading or prayer, please contact Ardyth Guyer at Cell 713-409-2508 or email [4510yug@gmail.com](mailto:4510yug@gmail.com).



A "NEW" Church School class will begin on April 2, 2023! (Palm Sunday). This class will have two teachers; Bro. Vernon Johnson and Sis. Melba Sparks. This class is open to all adults and will meet in the Lockett Center at 9 o'clock each Sunday. We look forward to seeing you!

METROPOLITAN CME CHURCH



# Spirit Sunday



## Worship Service

"Let the Spirit of the Living God  
Fall Fresh On Me"

Sunday, March 26, 2023 at 10:30 AM

Remember to wear "RED". Your sacrificial gift of \$250 is greatly appreciated!



Please pray for the members listed below. You may request personal contact information by sending an email to [Metrocme@aol.com](mailto:Metrocme@aol.com). To add/remove names on the list, send an email to the same address. Please be sure to include the member's name, address and phone number. Thank you!

Sister Freddia Bradley  
Sister Cheryl Foster & Family  
Sister Brenda Hayter & Family  
Sister Jeanne Grimes  
Rev. Horace Barron  
Sister Patrecia Bailey  
Sister Willie Frances Greer  
The Family of Sis. Mary Jo Bell-Pulliam on her passing  
Rev. Waldo Murphy  
Sister Jo Alice Scott  
Sister Carristine Wiley  
Rev. E. Anne Ross  
Bro. Lorenzo Butler  
Bro. Rosco Carr



Easter is fast approaching, and we want ALL of our Children and Youth to participate in our annual Easter Program. This year we will be able to celebrate the resurrection of our Savior and Lord Jesus Christ together! We will have our **Easter Program, on Resurrection Sunday, April 9, 2023 at 9:00 am** (during the Church School hour). You'll be in for a treat, so you don't want to miss it!

**Speeches/Skit Parts will be passed out after service on the following dates: Sunday, March 5; Sunday March 12; Sunday March 19. Laronda Walker will be in the foyer after service to give you your part.**

**Parents:** Easter rehearsal will be on Saturdays at 12:00 pm. The practice dates are as follows:

March 18	March 25
April 1	April 8

By the first practice, make sure your child knows their speech, so we can work on other things for the program to prepare for this joyous occasion.

If you have any questions, feel free to contact me at 832-372-9360 via text/ call or you can email me at [lwalk-er4dp@hotmail.com](mailto:lwalk-er4dp@hotmail.com).

**Church-Wide Ministries Meet & Greet**  
**April 23, 2023**  
**Watch for More Information**

**Please join the CME Connectional Prayer Line!**

Every weekday morning, in our own time zone (and in time zones across the U.S.), praying starts by 6:30 AM. If that's too late for you, join the Eastern Zone people in prayer by dialing in at 5:30; or in those hours are too early for you, join the Mountain Zone or the Pacific Zone people in prayer at 7:30 AM or 8:30 AM. The number to call is: 605-468-8885; then enter the code – 616984#.

**Lenten Brochure**

The Annual Lenten Brochure, prepared by Rev. Allen Page, III, Senior Pastor of Metropolitan CME Church is available on line at [Metropolitancme.org](http://Metropolitancme.org). or email [Metrocme@aol.com](mailto:Metrocme@aol.com) to pick up a paper copy.

**March 2023— Confirmed Meetings**

**03-04 Church School Convention**

**04 Stewardess Board Meeting 10:00 AM**

**05. Holy Communion Sunday – 10:30 AM**

Join us via Facebook Live - Metropolitan CME Church—Restoration Blvd. or Free Conference Call Line 605-475-4821 Access Code 306019#

**Or “In-Person” for Sunday Morning Worship.**

**06 Missionary Meeting @ 6:00 PM**

Free Conference Call Line—267-807-9495

Access Code—342569693#

**07 Lay Ministry Meeting at 7:00 PM-Metropolitan Houston Dist.**

**09 Bible Study**

**Mid-Day Bible Study @ 12:00 Noon**

**Evening Prayer & Bible Study @ 6:00 & 6:30 PM**

12 Last day to donate food for March

13 Board of Christian Education 7:00 PM

18 Blueridge Food Pantry (Bagging, Sorting & Distribution)

24-25 Spring Convocation in Dallas, TX

25 Tuscany Village 2:30 pm (Trustees)

26 Spirit Sunday (Wear Red) @ 10:30 AM , Facebook or “IN-Person”



**Noon Day Bible Study at 12 Noon each Wednesday**

Via Free Conference Call Line

945-218-0044 Access Code 495037#

Led By Sister Ruth Linton

**Wednesday Evening Prayer & Bible Study**

Via Zoom - Meeting ID: 975 142 7923

Passcode 8955 or Phone 1-346-248-7799

Led by Peggy Robinson (Prayer) & Rev, Page (Bible Study)

**Christian Youth Fellowship and Church School Convention**

**March 3-4, 2023**

**Held at**

**Metropolitan CME Church**

**8955 South Freeway Houston 77051**



**You are invited to become a member of the Houston District Monthly Prayer Group as they meet to pray on a Conference Call Prayer Line each First Saturday at 7:14 am. **It's open to everyone.** Call in number [605 472-5783](tel:6054725783). and your access code [604403](tel:604403). For more information call Peggy Robinson.**





### March Birthdays



Lavearn Newsome	March 01
John Wills	March 02
Pauline Davis	March 04
Bertrand Simmons	March 04
Naschell Dixon	March 05
Tonya Rhodes	March 05
Marvin Sparks	March 05
Cailon Bolden	March 06
Kenadee Joyce-Marie Davis	March 07
Joshua Mack	March 08
Karson Edward Davis	March 09
Ella Faye Johnson	March 09
Jazzmin Phillips	March 10
Stephen David McLemore	March 11
McKenzie Scott	March 13
Joe Wilmore	March 16
London Shuler	March 16
Herman Ross	March 17
Rev. Waldo Murphy	March 20
Jackie McLemore	March 21
Tiffany Barron	March 23
Nikki Myles	March 24
Aaron Terrell Jones	March 28
Samisha Robinson Davis	March 28
Davianna Chatman	March 31
Robin Sweet	March 31

### Tuscany Village Rehab Scripture Reading Schedule for 2023

Sunday School Ministry	JAN 28
Prayer & New Member Ministry	FEB 25
The Trustee Ministry	MAR 25
The Men Ministry	APR 22
Noon Bible Class.	MAY 27
Stewardess Ministry.	JUN 24
Usher Ministry.	JUL 22
Young Adult / Chosen Choir.	AUG 26
Women Ministry.	SEP 28
Steward Ministry.	OCT 28
Missionary Ministry.	NOV 25
Anointed Feet / Praise Dancers	DEC 16

### 2023 Metropolitan CME Church / Blueridge GMC Food Pantry Donations/Sorting/Distribution Schedule

<u>Last Day to Donate</u>	<u>Distribution Dates</u>
MAR12	Distribution 18MAR23.
APR 09	Distribution 15APR23.
MAY14	Distribution 20MAY23.
JUN 11	Distribution 17JUN23.
JUL 09	Distribution 15JUL23.
AUG 13	Distribution 19AUG23

**MOST NEEDED NON-PERISHABLE ITEMS:** Dry Beans, Pasta, spaghetti, Rice, Mac & Cheese, Cornbread Other Goods: Canned Vegetables, Canned Meats, Cereal, Can Soups, Peanut Butter, Jelly, Tomato / Pasta Sauce, Canned Fruits & Dry Milk.

## “Save The Date”

Metropolitan CME Church will be hosting the Southeast Texas Regional Annual Conference to be held **August 2 -5, 2023** at the Sheraton North Houston, 15700 JFK Boulevard, Houston, TX 77032. Watch your E-mail and Text Messages for more information.



### EIGHTH EPISCOPAL DISTRICT Spring Convocation

March 24-25, 2023

Held at

Christian Chapel Temple of Faith CME Church

14120 Noel Street

Dallas, TX 75254

Rev. Dr. Clarence Ford, Pastor



NATIONAL  
**COLORECTAL**  
CANCER AWARENESS  
MONTH

ACG recommends colorectal cancer screening in average-risk individuals starting at age 45



## Thank You!!

*Metropolitan Family for  
Supporting Missionary  
Annual Day 2003*

*Demetria Williams, President, WMS*

### **Trustees on Duty for March**

*Herbert Bradford 281-785-9041*

*Henry Durley 713-598-6556*