



~What's Happening At The Met~

March 2022

**Metropolitan CME Church—8955 So. Frwy - Houston, TX 77051
713-748-5947—Fax 713-748-2718 Website Metropolitancme.org
Rev. Allen Page, III ~ Senior Pastor**



Rev. Allen Page, III

Greetings My Brothers and Sisters of Metropolitan,

The season of Lent is now upon us, a time of inward examination that began on Ash Wednesday. A time where we search ourselves and ask God to search us, so that we can follow God more completely. That examination my dear friends can become an interesting journey where despair may tempt us, and faithfulness will call us to places we have dared not trod. Throughout our lives we may have chosen things and experiences that have been easier to bear than other. However, the Lenten season is a time where we can refocus our spiritual attention to things that cry out for change, and the powerful grace of God. It can take a lot of courage to own up to the things we have avoided and that requires our spiritual attention. When we own up to the challenges we have avoided, it may seem insurmountable, but remember that with God all things are possible. Maybe things won't ever be the same as they used to be, but the journey towards a clean heart requires an honest appraisal of where we are in the journey of life. And for us let's keep it real here - we are not getting a new heart, but rather a renewed heart that has been touched by the transformative power of God. Psalm 51 is crying out to God for assistance with heart renewal.

Join me in this Lenten season, by seeking God for assistance for heart renewal, so that we may have life changing relationships and experiences.

Rev. Allen Page III
Senior Pastor



METROPOLITAN CME CHURCH

REFLECT
REVIVE
RESTORE
REJOICE

WITH PRAYERFUL HEARTS PSALM 85: 6-13

SPIRIT
SUNDAY
Service

MARCH 20, 2022 @ 10:30 AM

Red Day

ASKING \$200

METROPOLITAN CME CHURCH

REV. ALLEN PAGE, III - SENIOR PASTOR

8955 SOUTH FREEWAY * HOUSTON, TX 77051

IN-PERSON WORSHIP * FACEBOOK LIVE

Made with PosterMyWall.com

JAMES THOMPSON CHURCH SCHOOL CLASS

Presents



GARAGE SALE & SAUSAGE & FISH DINNER SALE

SATURDAY, MARCH 26, 2022

GARAGE SALE 10AM - SAUSAGE/FISH FRY 11:00 AM

Rev. Allen Page, III, Senior Pastor
Mr. Kevin Wheeler, Class Leader

Metropolitan CME Church
8955 South Freeway
Houston, TX 77051
(713) 748-5947

Made with PosterMyWall.com

Metropolitan Host Houston District Lay Ministry Meeting

Metropolitan is the Host Church for the Houston District Lay Ministry Meeting scheduled for **Tuesday March 8, 2022 @ 7:00 PM**. The Lay Ministry is seeking volunteers for the following positions during the service.

Song-1 verse -you don't have to sing it. Just talk it through. Your choice, it's close to Easter so many to choose from.

Scripture- Your choice

Prayer-

Study Period-No more than eight to ten minutes. Something you feel will brighten someone's day.

Watch your text and email for ZOOM information. If you are interested please contact Ardyth Guyer at -Cell 713-409-2508 or email 4510yug@gmail.com.



COMMUNION CUPS WITH WAFERS

Pre-filled and consecrated by the Pastor Allen Page, III, sealed communion cups with wafers are available each Saturday before Communion Services. CDC guidelines are closely followed, no personal contact is required. Simply pull up to the entry near the daycare, open your car trunk or passenger side car door and the number of cups you request are placed in your car. Proper Personal Protective Equipment is required (Mask/Gloves). Questions should be directed to the Stewardess Board President, Mrs. Julia Jones, 832-683-8428.

Distribution Date for March is March 5, 2022 (10:00 -12:00)

Distribution Date for April is April 2, 2022 (10:00 AM-12:00)

BLACK HISTORY MOMENTS

Victor Jerome Glover



Glover is the first [African American ISS\(International Space Station\) Expedition](#) crewmember to live on the ISS, not only visit the ISS for a short stay. A member of the United States Navy he was chosen as one of the Astronaut Group 21 team in June 2013, completing training in 2015. His mission began on November 15, 2020 and he spent 167 days in space.



Join us remotely each Sunday morning at 10:30 AM on Facebook Live for our Sunday Morning Worship Service. Search for Metropolitan CME Church—Restoration

Blvd. on Face Book Live or utilize the Free Conference call Line: 605-475-4821, Code 306019

OR

**Visit us for “In-person” Worship Service
10:30 AM Each Sunday Morning**

Please join the CME Connectional Prayer Line!

Every weekday morning, in our own time zone (and in time zones across the U.S.), praying starts by 6:30 AM. If that's too late for you, join the Eastern Zone people in prayer by dialing in at 5:30; or in those hours are too early for you, join the Mountain Zone or the Pacific Zone people in prayer at 7:30 AM or 8:30 AM. The number to call is: 605-468-8885; then enter the code – 616984#.

Lenten Brochure

The Annual Lenten Brochure, prepared by Rev. Allen Page, III, Senior Pastor of Metropolitan CME Church is available on line at Metropolitancme.org.

March 2022— Confirmed Meetings

05 Communion Cups with wafers distributed 10 am -12 Noon

06. Holy Communion Sunday – 10:30 AM

Join us via Facebook Live - Metropolitan CME Church—Restoration Blvd. or Free Conference Call Line 605-475-4821 Access Code 306019#
Or “In-Person” for Sunday Morning Worship.

07 Missionary Meeting @ 6:00 PM

Free Conference Call Line—267-807-9495

Access Code—342569693#

08 Lay Ministry Meeting at 7:00 PM-Metropolitan Hosting

09. Bible Study

Mid-Day Bible Study @ 12:00 Noon

Evening Prayer & Bible Study @ 6:00 & 6:30 PM

20 Spirit Sunday@ 10:30 AM , Facebook or IN-Person

26 Garage Sale and Fish Fry at 10:00 am



Mid-Day Bible Study Via Free Conference Call Line each Wednesday at Noon

Dial 701-802-5001 Access 495037#

Wednesday Evening Prayer and Bible Study

Prayer @ 6:00 PM & Bible Study @ 6:30 PM

Free Conference Call Line 605-475-4821

Access Code 306019

or Join Us on ZOOM

Meeting ID: 975 142 7923; Passcode 8955

Spring Convocation

The Spring Convocation for the 8th Episcopal District of the CME Church has been set for April 1 & 2, 2022 at Kirkwood Temple CME Church, Dallas, Texas, Rev. Dr. Jerry L. Christian is the Senior Pastor.

You are invited to become a member of the Houston District Monthly Prayer Group as they meet to pray on a Conference Call Prayer Line each First Saturday at 7:14 am. **It's open to everyone.** Call in number [605 475-5783](tel:6054755783). and your access code [604403](tel:604403). For more information call Peggy Robinson.



Lavearn Newsome	March 01
John Wills	March 02
Jamie Huger	March 03
Pauline Davis	March 04
Bertrand Simmons	March 04
Naschell Dixon	March 05
Tonya Rhodes	March 05
Marvin Sparks	March 05
Cailon Bolden	March 06
Kenadee Joyce-Marie Davis	March 07
Joshua Mack	March 08
Karson Edward Davis	March 09
Ella Faye Johnson	March 09
Jazzmin Phillips	March 10
Stephen David McLemore	March 11
McKenzie Scott	March 13
Joe Wilmore	March 16
London Shuler	March 16
Herman Ross	March 17
Jackie McLemore	March 21
Tiffany Barron	March 23
Nikki Myles	March 24
Aaron Terrell Jones	March 28
Samisha Robinson Davis	March 28
Davianna Chatman	March 31
Robin Sweet	March 31

COVID-19 UPDATE

COVID-19 transmission and hospitalizations are currently at manageable levels in Houston and the overall threat to the community is medium. That means:

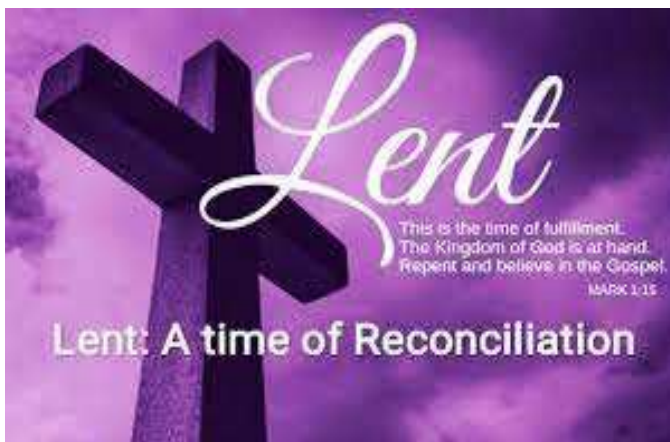
- If you are up to date with your COVID-19 vaccines and otherwise in overall good health, you can resume typical activities without wearing a mask.
- If you are high risk for severe illness, you should talk to your healthcare provider about whether you need to wear a mask and take other precautions.
- Of course, anyone may choose to wear a mask at any time.
- Anyone with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask to help protect people around them from getting sick.

Here at Metropolitan, we will continue social distancing, temperature checks and mask wearing for all in attendance. Effective March 6 we will no longer do tracing in person or on line.



Please pray for the members listed below. You may request personal contact information by sending an email to Metrocme@aol.com. To add/remove names on the list, send an email to the same address. Please be sure to include the member's name, address and phone number. Thank you!

Sister Nan Wiley Hendley
Sister Freddia Bradley
Sister Melba Sparks
Sister Cheryl Foster & Family
Sister Brenda Hayter & Family
Rev. Horace Barron
Sister Patrecia Bailey
Sister Jo Alice Scott
Sister Jackie Cooper
Sis. Sherri and Bro. Daniel Myles
Rev. E. Anne Ross
Sister Seliah Smith and her son Earl Ray
Family of Bishop Godwin T. Umoette
Sister Elayne Scott



Trustees on Duty for March

Herbert Bradford 281-785-9041
Henry Durley 713-598-6556

To add or remove names on this list please send email to Metrocme@aol.com.