



~What's Happening At The Met~

March 2019

Metropolitan CME Church—8955 So. Frwy - Houston, TX 77051

713-748-5947—Fax 713-748-2718

Rev. Allen Page, III ~ Senior Pastor



FROM THE PASTOR'S DESK



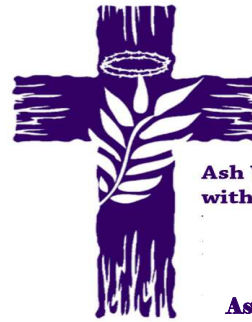
Greetings My Christians Friends,
 Welcome to the Lenten Season! If you are experiencing 2019 somewhat like I am, this Lenten Season has kind of crept upon your spiritual conscious and caught you off guard. It seems like I am still getting my spiritual footing in this new year, and therefore need some help from the Lord to see my way through. But the reality we are always in need of is the constant help of God. You know, my sisters and brothers, asking for assistance and sharing our personal lives and stories requires a level of humility many of us find difficult. But abiding with *God* brings us face to face with our humanity, and therefore our need for the help He alone supplies. We know that we need God and one another as we live our daily lives, yet we need not become dependent on one another, but rather God! David, in Psalm 25, shows us that honestly confessing our impotence opens us to the treasure trove of God's power. Like David, we should admit our sinfulness to God and position ourselves to find assurance in God's love - a love that frees us from our internalized shame. God promises to lead us toward His steadfast love and faithfulness. The Lenten season is a time of penitence, prayer, and fasting - which leads to wonderful transformative power and strength. We can practice these disciplines of faith during these approaching 40 days. When we strive for exposure and openness before God, the Holy Spirit stands ready to empower us to a more healthy and wholesome living, through doing God's will. God delivers us, not only from that which distracts us, but also from any and all self-defeating thinking and actions. When we ask for help, God will hear us. We can trust that God loves, leads and encourages us as we strive to humbly serve the kingdom of God. Welcome to the Lenten Season, don't forget to ask God for help!

Reverend Allen Page III
Senior Pastor



Ash Wednesday Services

Start the Lenten Season out by attending Ash Wednesday Services here at the Church. If you have to work, come on your lunch hour. For your convenience, a light lunch will be provided.



Ash Wednesday Services
with the Imposition of Ashes

March 6, 2019

12:00 Noon—1:00 pm

Ashes will also be imposed during
the 6:30 Bible Study on
Wednesday Evening

Sunday Church School



The Sunday Church School of Metropolitan CME Church recognizes the following persons for perfect attendance during the Winter Quarter 2018-2019.

- Rev. Horace Barron
- Mr. Russell Bennett
- Mr. Samuel Douglas
- Mr. Albert Greer
- Mrs. Willie Frances Greer
- Rev. Allen Page, III
- Ms. Rita Washington
- Mr. Elvis Wilkerson
- Mrs. Phyllis Wilkerson
- Mrs. Bobbie Wolford

Highest Attendance for the Most Sunday in the Adult Department—James Thompson Men's Class

Highest Attendance for the Most Sunday in the Children's Department—Primary Class

Spring Forward



Daylight
Savings
Time
begins
Sunday

March 10, 2019



Fellowship Meal

Doing Our Part

Sponsored by
The Ministry to Men
*A Hot Meal Served to
the Seniors and the
Homeless*

Where: **Metropolitan CME Church**
Time: **11:00AM—1:00PM**

Please go out and share this exciting news, about what
the Lord is doing with the Seniors and Homeless in
Sunnyside and the surrounding area
March 9th & Every 2nd Saturday

Tuscany Village Community Outreach Ministry

Saturday, March 23, 2019
2:30 PM

Trustees
Bro. Albert Greer



Trustees on Duty for March

Vernon Johnson 832-418-4713
Henry Durley 713-598-6556



Every Wednesday @ 6:00
prior to Bible Study
during Lent



Choir Rehearsal
Changes for March

~Mass Choir~

Thursday, March 7 & 21 @ 7:00 PM

~Male Chorus~

Saturday, March 9 & 16 @ 1:30 PM

~Women's Choir~

Saturday, March 16 @ 3:00 PM &
March 23 & 30th @ 1:00 PM

Please bring Non-perishable items for
Distribution at Blueridge UMC
by **Sunday, March 10th. Sorting will be
on Thursday, March 14 @ 5:30**
Distribution March 16,
See the Ushers for more information or to
volunteer.



Most needed Items:
Breakfast Cereal, Dry
Rice, Oatmeal, Grits,
Beans, Soup, Spaghetti,
Canned Meats, Canned
Fruit, Cornbread Mix,
Peanut Butter and Jellies

Caring for the heart of the church ...



Be a heartbeat for Metropolitan! Join a Red Day Team!

Keep the heartbeat of the church spiritually and financially strong!

ANNUAL RED DAY, Sunday, March 24, 2019

²³ Guard your heart above all else,

for it determines the course of your life. Prov. 4:23

BLACK HISTORY MOMENT



The American Tennis Association (ATA), is the oldest Black Sports Organization in the United States. Based in Largo, Maryland, it was founded in 1916 by a group of Black businessmen, college professors, and physicians. It's inception in Washington, DC on Nov. 30, 1916

was a response to the ban of Black athletes from participating in the USTA (United States Tennis Association). The ATA partnered with prominent Black Colleges and Universities to host their tournaments. The colleges provided court time, housing, banquet halls, and large spaces for the players and officials to meet - specifically in the Jim Crow South. The first National Championship was held in Baltimore in August 1917 at Druid Hill Park. A year later Lucy Diggs Slowe became the first Black woman to hold a national championship in any sport. The ATA has had several distinguished players including: Althea Gibson, Arthur Ashe, Margaret Peters, Roumania Peters, James Trouman, Zina Garrison, Lori McNeil, Chandra Rubin, and Mali Vai Washington just to name a few. The ATA still functions as a strong tennis association currently.

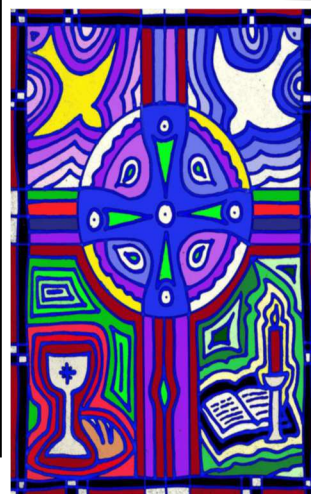
*Eighth Episcopal District
Presents Annual*

Spring Convocation

April 12-13, 2019

Christian Chapel CME Church

Dallas, Texas



Your **2019 Lenten Brochure** is available on line at [www. Metropolitancme.org](http://www.Metropolitancme.org) or you may request a printed copy from the church office at 713-748-5947 or see Susie Stephens

March 2019

Women In Ministry

- 2 Stewardess Meeting @ 10:00 AM
- 2 Sunday School Convention—Beebe Tabernacle
- 2 Anointed Feet of Praise @ 11:00 AM
- 3 **Holy Communion Sunday**
- 4 Steward Board Meeting @ 7:00 PM
- 4 Trustees Meeting @ 7:00 PM
- 6 **Ash Wednesday Services 12 Noon**
- 6 Bible Study @ 12 Noon & 6:30 PM (Weekly)
- 6 Corporate Prayer @ 6:00 PM—Each Wed. in Lent
- 7 Mass Choir Rehearsal @ 7:00 PM
- 9 Missionary Meeting 9:00 AM
- 9 Doing Our Part—MTM Ministry 11:00 AM
- 9 Usher Training @ 11:00 AM
- 9 Male Chorus Rehearsal @ 1:30 PM
- 10 Time Change -Spring Forward
- 10 Last Sunday to donate to Food Pantry for March
- 11 Board of Christian Education 6:30 PM
- 12 Sunday School Teachers Meeting @ 7:00 PM
- 13 TAG-UP Meeting 5:30 PM
- 14 Food Sorting at Blueridge 5:45 PM
- 16 Male Choir Rehearsal @ 1:30
- 16 Women's Choir Rehearsal @ 3:00 PM
- 16 Anointed Feet of Praise @10:30 AM
- 16 Blueridge/MCME Food Pantry distribution@ 9 AM
- 16 Texas College Alumni
- 18 Church Conference/Leaders Meeting
- 23 Women's Choir Rehearsal @ 1:00 PM
- 23 Anointed Feet of Praise @10:30 AM
- 23 Tuscany Village (Trustees) 2:30 PM
- 24 Red Day @ 10:45 AM
- 26 Sunday School Teachers Meeting 7:00 pm
- 26 TAG-Up Meeting 5:30 PM
- 30 Women's Choir Rehearsal @ 1:00 PM
- 31 Missionary Emphasis Sunday

April 2019

Resurrection Month

- 3 Bible Study (Noon and 6:30 PM Weekly)
- 3 Corporate Prayer 6:00 weekly during Lent
- 6 Stewardess Meeting 10:00 AM
- 7 **Holy Communion Sunday**
- 8 Missionary Meeting @ 6:00 PM
- 8 Steward Board Meeting @ 7:00 PM
- 8 Trustees Meeting @ 7:00 PM
- 14 **PALM SUNDAY**
- 14 Food Pantry Last date to donate for April
- 15 Board of Christian Education 6:30
- 18 Blueridge/MCME Food Pantry sorting @ 5:45
- 20 Blueridge/MCME Food Pantry distrib. 9:00 AM
- 20 Texas College Alumni @ 10:00 AM
- 20 Anointed Feet of Praise @ 10:30 AM
- 21 Sunrise Service @ 7:00 AM
- 21 Breakfast Following Sunrise Service
- 21 Easter Program @ 9:00 AM
- 21 **EASTER SUNDAY SERVICES 10:45 AM**
- 27 Tuscany Village (MTM) @ 2:30 PM
- 27 Anointed Feet of Praise @ 10:30 AM



March Birthdays

Korey Hodges	March 01
Lavearn Newsome	March 01
John Wills	March 02
Jamie Huger	March 03
Linda Brown	March 04
Pauline Davis	March 04
Bertrand Simmons	March 04
Naschell Dixon	March 05
Tonya Rhodes	March 05
Marvin Sparks	March 05
Tiffany Stewart	March 05
Cailon Bolden	March 06
Joshua Mack	March 08
Karson Davis	March 09
Ella Faye Johnson	March 09
Jazzmin Phillips	March 10
Kevin Williams	March 15
Joe Wilmore	March 16
London Shuler	March 16
Herman Ross	March 17
Gerald Duncan	March 21
Tiffany Barron	March 23
Dameka Moore	March 24
Nikki Myles	March 24
Virgie Rowe	March 24
Shalando Smith	March 26
Aaron Davis	March 26
Samisha Robinson Davis	March 28
Robin Sweet	March 31

You're invited

On Friday, March 8, 2019 @ 10:00 AM
The Inspired For Excellence Academy will be holding their Annual Black History Program at Metropolitan CME Church. Members of the church and the community are invited to attend.