

# WHAT'S HAPPENING AT THE MET!



Metropolitan CME Church-8955 South Freeway- Houston, TX 77051

Phone 713-748-5947- Fax 713-748-2718

Website: Metropolitanme.org; Email: Metrocme@aol.com

Rev. Allen Page III, Senior Pastor

Sunday Service at 10:30 AM



**Rev. Allen  
Page III**



## From the Pastor's Desk

Greetings Metropolitan sisters and brothers! This pastor's message comes to us at a time when we are facing some potential transitions. Later this summer on June 13th the Christian Methodist Episcopal Church will open its 41st General Conference in Dallas, Texas, wherein one of the first official actions of the church will be the mandatory retirement of our presiding prelate - Bishop Lawrence L. Reddick III. On Thursday, June 18th, a new bishop will be assigned by the general conference to lead the work of the Eighth Episcopal District for the next four years. Change is coming to Texas! With change comes a fair amount of anxiety due to the unknowns; and necessitates contemplation and introspection for those impacted by it. We should strive to not subject ourselves to an unreasonable amount of anxiety but rather trust that God is in the midst of our days. Introspection and contemplation are internal factors that project our faith forward from the dregs of anxiety and connect us with God. This level of meditation shows us God's work in the midst of the changes we experience; they deepen our devotion that help us understand our true need for God's revelation as we walk by faith and not by sight. We must remember we are called to surrender to the power of God and not surrender our faith to hopelessness. When we feel scared, the last thing we want to do is press ourselves to be courageous. But through our love for Christ and trust in His power within us, we can commit our lives to obedience of His commands regardless of the challenges we may experience along the way.

Like the disciples in the biblical text, we too are called to follow Jesus! But this becomes a tall order in the face of anxieties, pain and suffering. When we surrender and become obedient to God's commands, our faith quotient increases, and we position ourselves to better endure the seasons of uncertainty. Change is inevitable and so are the feelings of anxiety that come along with it, but God is a very present help in these times. Philippians 1:6 assures us that of a confidence we can take with us along the journey - "...that the one who began a good work among you will bring it to completion by the day of Jesus Christ." God's ultimate objective in and through each of us is deliverance to a life that brings glory to His name. Metropolitan be not dismayed or worried about what is ahead - God will take care of you!

Reverend Allen Page III, Pastor



**28 Her children rise up and call her happy; her husband too, and he praises her:**

**29 "Many women have done excellently, but you surpass them all." Proverbs 31:28-29 (NRSV)**

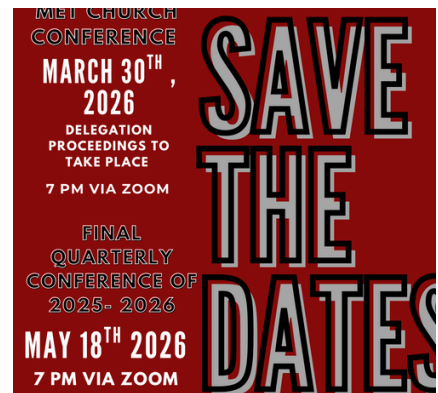


Please pray for the members listed below. You may request personal contact information by sending an email to Metrocme@aol.com. To add/ remove names on the list, send an email to the same address. Please be sure to include the member's name, address and phone number.

Thank you!



- REV. E. ANNE ROSS**
- SISTER PATRECIA BAILEY**
- SISTER JEANNE GRIMES**
- REV. WALDO MURPHY**
- SIS. ALLISON MCLEMORE**
- BRO. L C. PATTERSON**
- SISTER JO ALICE SCOTT**
- SISTER OLLIE BYRD**
- BRO. CALVIN BROWN, JR.**
- BRO. HENRY DURLEY**
- BRO. DANIEL MYLES**
- SIS. CARRISTINE WILEY**
- SIS. BRENDA HAYTER & FAMILY**
- SIS. JACQUELINE CHRISTOPHER & FAMILY**
- SIS. RITA WASHINGTON & FAMILY**
- SIS. SUSIE STEPHENS & FAMILY**



**MONTHLY PRAYER GROUP**

**EVERY 1ST SATURDAY AT 7:14 AM**

CALL: 605-472-5783  
ACCESS CODE: 604403

CONTACT: PEGGY ROBINSON FOR MORE INFORMATION

**MUSIC DEPARTMENT CALENDAR FOR MAY 2026**

- #subject to change#
- Thursday, April 30th-MASS CHOIR, 6:30
  - 1st SUNDAY, May 3rd-COMMUNION. Choir call time 9:45
  - Thursday, May 7th MALE CHORUS, 6:30
  - Saturday, May 9th-MALE CHORUS, 1pm
  - 2nd SUNDAY, May 10th. Choir call time 10:00
  - Thursday, May 14th-PRAISE TEAM, 6:30
  - 3rd SUNDAY, May 17th. Choir call time 9:45
  - Saturday, May 23rd-YOUTH, 12 noon
  - 4th SUNDAY, May 24th. Choir call time 9:45
  - Thursday, May 28th-WOMEN, 6:30
  - 5th SUNDAY, May 31st. Choir call time 9:45

**INFORMATION REGARDING FOOD PANTRY WITH BLUERIDGE UMC AND TUSCANY VILLAGE OUTREACH**  
**PLEASE CHECK DONATIONS FOR EXPIRATION DATES!**



| Last day to donate to Food Pantry at Metropolitan for month. | Bagging, Sorting & Distribution at Blueridge 9AM until 12 NOON |
|--------------------------------------------------------------|----------------------------------------------------------------|
| May 10, 2026                                                 | May 16, 2026                                                   |
| Jun 14, 2026                                                 | Jun 20, 2026                                                   |

**Tuscany Village-2750 Miller Ranch Rd., Pearland, TX 77584-Monthly Visits 2:30- 3:30 PM**

May 23, 2026- Noon Bible Class  
June 27, 2026- Stewardess Ministry

**SOUTHEAST TEXAS**  
**CHRISTIAN EDUCATION AND FORMATION**

**SAVE THE DATE**  
 Registration opens soon!

**LEADERSHIP TRAINING INSTITUTE**

**RENEW • REKINDLE • RECONNECT**

Isaiah 40:31  
**CHILDREN • YOUTH • YOUNG ADULTS**  
 MINISTRY LEADERS

**LOCATION:**  
 METROPOLITAN CME  
 8955 SOUTH FWY • HOUSTON, TEX 77051

**SATURDAY, MAY 30, 2026**  
 REGISTRATION OPENS SOON!



|                            |               |
|----------------------------|---------------|
| <b>Gail Page</b>           | <b>May 04</b> |
| Deborah Allen              | May 06        |
| Alanna Begg                | May 06        |
| Jackie Cooper              | May 07        |
| D'Adrian Cook              | May 10        |
| Derrick Mitchell           | May 11        |
| Heleace Eason              | May 12        |
| Yolanda Foulkes            | May 12        |
| Da Miyah Lacey             | May 14        |
| Andrea Jones               | May 15        |
| Tiffany Williams           | May 16        |
| Rev. Dr. Lymell Carter     | May 19        |
| Herbert Bradford           | May 25        |
| Ruth Linton                | May 25        |
| Johntrice Coleman          | May 25        |
| Darryl Bowers, Jr.         | May 27        |
| Melvin Simien              | May 27        |
| <b>Rev. Allen Page III</b> | <b>May 30</b> |

Alpha Kappa Alpha Sorority, Incorporated®  
 Alpha Kappa Omega Chapter  
 Mental Health & Our Seniors Committees

**HER MIND MATTERS:**  
 A Wellness Experience  
 May is Mental Health Awareness Month!

The Mental Health Committee in partnership with Our Seniors Committee welcomes you to a workshop focused on personal care and wellness.

**Open to the Public**  
**Saturday, May 2, 2026**  
**11 am - 1 pm**  
 Metropolitan CME Church  
 8955 South Freeway, Houston, TX 77501

**Join us for activities including:**  
 Keynote Speaker Dr. Glenda Demas  
 Chair Yoga  
 Meditation  
 Information Tables

Light lunch and beverages will be provided.

**Seven Lakes High School Graduation**  
**Wednesday, May 13, 2026 @ 8:00PM**  
 Legacy Stadium  
 1830 Katyland Dr.  
 Katy, TX 77493

**TYLER JADEN POINTER** 2026

**Graduation Party**  
**SATURDAY, MAY 16, 2026**  
**3:00 PM**  
 3634 County Road 42  
 Rosharon, TX 77583

**Happy Birthday**  
 Rev. Allen Page III and  
 First Lady Gail Page

**Trustee's On Duty**  
 Peggy Robinson (832)885-0178  
 Allen Casey (832)656-6233

